

Lee Valley Athletics Centre Open meeting Results from Saturday 12th April 2008



300m Hurdles U17 Women

Race:1

1	1051 Natalie Beale	READ	47.00
2	1115 Chloe Galloway	WGEL	47.39
3	1056 Jessica Clark	CAMH	49.72
4	1112 Rebecca Hore	HERT	49.89
5	1210 Cydney Briggs	SUT	51.91
6	1024 Nadia Chowdry	TRPK	60.44

300m Hurdles M40

Race:1

1	68 Richard Christian	KENT	51.37
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400m Hurdles Women

Race:1

1	1052 Nicola Hill	HAVM	66.6 Manual
2	1111 Caroline Heaney	WSEH	67.5
3	1139 Paula Woodland	RADL	68.6
4	1205 Emily Ross	PET	75.2

400m Hurdles Women

Race:2

1	1068 Gabrielle Coveney	ES&M	65.63
2	1209 Becky Pike	CON	68.14
3	1104 Angie Alstrachen	GLOU	69.23
4	1033 Lyndsay Yellop	RYST	69.57
5	1057 Beth Hampson	MMK	72.96
6	1201 Tania Cyrena	ESM	75.20

400m Hurdles Sen Men

Race:1

1	207 Jack Green	ASHF	56.49
2	218 Matthew Clampin	ES&M	60.08
3	151 Tom Brind	E&H	68.58

400m Hurdles Sen Men

Race:2

1	47 Zak Saucedo	E&H	55.97
2	119 Lemar Charles	B&B	59.07
3	121 Sacha Henty	EAST	60.63
4	120 Alec Wing	HERT	60.87
5	224 Mark Dyble	BAS	65.13

400m Hurdles Sen Men

Race:3

1	49 Edward Harrison	B&B	55.10
2	12 Michael Shortall	THUR	61.07
3	104 David Stephens	HBS	71.60

800 m Women

Race:1

1	1215 Helen Bloomfield	C&T	2:23.13
2	1225 Chantelle Bazzom	SBH	2:24.01
3	1230 Dani Seddon	BRAC	2:25.98
4	1245 Rebecca Oatham	WGEL	2:28.07
5	1251 Ella Waldman	LH	2:31.14

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6 1106 Katie -Ann Tuttlebury CHEL 2:36.24

800 m Women

Race:2

1	1146 Laura Suggitt	WSEH	2:26.81
2	1045 Natalie Woodgate	SEND	2:31.77
3	1147 Sophie Fuhr	WGEL	2:34.96
4	1109 Ella Lloyd	HERT	2:36.44
5	1039 Sophie Crofts	THUR	2:40.05

800 m Women

Race:3

1	1252 Cerys Sanders	M&M	2:39.31
2	1152 Kathryn Burr	HERT	2:48.47
3	1019 Katie White	M&M	2:50.46
4	1148 Sophie Keeble	S&NH	2:51.38
5	1110 Jessica McCormick	TRPK	3:01.08
6	1228 Emily Coombs	M&M	3:22.54

800 m Men

Race:1

1	247 Philip Burkart	BEL	1:58.01
2	250 Neil Brennan	E&H	2:00.54
3	249 Tom Bowerman	AFD	2:00.71
4	110 Martin Rowe	CROY	2:02.27
5	226 Alex Hookway	TONB	2:03.53
6	227 Dan Bradley	TONB	2:04.38
7	273 Richard Mead	CHEL	2:06.50
8	213 Lee Haze	KENT	2:22.13

800 m Men

Race:2

1	231 Joseph Gill	NEB	2:08.90
2	212 Dominic Spike	HERT	2:09.19
3	221 Daniel Penfold	ORIO	2:09.86
4	112 Nick McNaught	HERT	2:10.59
5	272 Connor Vine	WSEH	2:10.77
6	111 Daniel Yaxley	WGEL	2:11.76
7	113 Kyle Aldridge	SEND	2:20.29

800 m Men

Race:3

1	115 Benjamin Nagy	E&H	2:02.53
2	139 Alex Lodge	HERT	2:18.07
3	147 Reece Surr ridge	E&H	2:25.15
4	114 Ahmed Jama	UNAT	2:35.56
5	140 Henry Suggutt	WSEH	2:39.72
6	41 Oliver Woodhouse	SEND	2:55.64
7	108 Leon Goldsack	ASHF	2:57.29
8	229 Sam Aylott	ORIO	2:58.56

100 m Women

Race:1 Wind : -2.5

1	1284 Louise Wood	CHEL	12.28
2	1001 Michelle Watson	HHH	12.57
3	1066 Tara Kafke	RADL	12.65

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4	1211 Harriet Lucas	B&B	12.80
5	1002 Kirsty Shepherd	BAS	13.07
6	1075 Stephanie Tewogbade	E&H	13.12
7	1264 Heidi Nicholas	BAS	13.38

100 m Women

Race:2 Wind : Not read

1	1062 Christal Robinson	E&H	12.96
2	1061 Lola Paul	E&H	13.19
3	1233 Lauren Llonghurst	CHEL	13.80
4	1080 Symone keisha	VP TH	14.26
5	1024 Nadia Chowdry	TRPK	15.40
6	1023 Elizabeth Amaeehi	VP TH	15.88

100 m Women

Race:3 Wind : -5.7

1	1004 Becky Sanders-Clarke	E&H	13.45
2	1003 Kate Laidlow	CAMH	13.46
3	1219 Stephanie Caynor	B&B	13.46
4	1059 Kay Reynolds	RADL	13.58
5	1005 Jayed Mayes	LHEA	13.84
6	1235 Dorcas Wright	E&H	13.93
7	1025 Lauren Grace	RADL	14.63

100 m Women

Race:4 Wind : -4.6

1	1007 Kirsty Warland	OXFC	13.63
2	1057 Beth Hampson	MMK	13.74
3	1027 Hannah Biddiss	M&M	13.79
4	1278 Aliysa Codrington	UNAT	13.98
5	1009 Katy Barber	WAVV	14.49
6	1012 Roseanne Ampofo	ORIO	14.54

100 m Women

Race:5 Wind : -6.0

1	1266 Charlotte Cattermole	IPSW	13.89
2	1060 Natalie Delahunty	OXFC	14.11
3	1240 Shanara Hibbert	UNAT	14.22
4	1015 Chika Aghadiuno	TRPK	15.09
5	1014 Megan Evans	RSC	15.23
6	1259 Niamh McCarthy	LHEA	15.34

100 m Girls

Race:1 Wind : -5.8

1	1282 Ghanelle Edwards	SEND	13.98
2	1256 Katie Swift	CHEL	14.32
3	1280 Nioka Brown	NEB	14.33
4	1295 Claire Mayo	BAS	14.46
5	1013 Hannah Hoyle	CHEL	14.50
6	1073 Leanne McCrory	SEND	14.87
7	1016 Tara St Louis	VP TH	15.10

100 m Girls

Race:2 Wind : -3.4

1	1017 Sophie Ayre	M&M	13.82
2	1029 Chanel Hemmings	CAMH	14.18

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3	1268 Ashleigh Horton	M&M	14.52
4	1018 Ella Houghton	C&C	14.62
5	1019 Katie White	M&M	14.86
6	1067 Sasha Pay	M&M	15.20
7	1228 Emily Coombs	M&M	17.73

100 m Girls

Race:3 Wind : Not Read

1	1021 Darise Hinds-Green	LHEA	14.24
2	1077 Adebisi Alakan	VPTH	14.25
3	1064 Kiani Campell	ETNM	15.24
4	1274 Chelsey Walker	WGEL	15.69

100 m Girls

Race:4 Wind : -5.2

1	1071 Sian McCrory	SEND	14.28
2	1261 Lille Morton	VPTH	14.67
3	1020 Francesca Baldry	CHEL	14.67
4	1239 Zhane Brown	VPTH	15.85
5	1072 Kelly McCrory	SEND	16.91

100 m Men

Race:1 Wind : Not read

1	307 Andre Williams	TVH	11.2 Manual Times
2	5 Adam Daish	E&H	11.3
3	A Nother		11.3
4	238 Lawrence Mensah	HHH	11.3
5	58 Aaron James	E&H	11.8
6	7 Sam Lawrence	NENE	11.8
7	4 Michael Otubambo	E&H	12.1

100 m Men

Race:2 Wind : Not read

1	237 Jeffrey Ocrach	HHH	11.7
2	51 Daniel Yellop	RYST	11.8
3	86 Rhion Samuel	E&H	11.8
4	80 Michael Grant	UEA	11.9
5	49 Edward Harrison	B&B	12
6	223 William de Tony Bala	TVH	12.1
7	9 Matthew Harrison	BAS	12.3
8	A Nother	SEND	12.4

100 m Men

Race:3 Wind : Not read

1	10 Paul Ogun	CROY	11.4
2	75 Sam Watts	WGEL	11.7
3	293 Lee Nathaniel	UNAT	11.7
4	281 Clement Boateng	HHH	11.9
5	206 Michael Baker	M&M	12
6	286 Alex Babb	TVH	12
7	222 Michael Ojo	TVH	12.1
8	285 Michael Hill	BAS	12.2

100 m Men

Race:4 Wind :Not Read

1	14 Philip Whittaker	E&H	12
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2	12 Michael Shortall	THUR	12
3	66 Jevone Robinson	HILL	12
4	11 Luke Allen	WSUF	12
5	242 Rone Robinson	HHH	12.1
6	13 Shawn D'sane	E&H	12.2
7	291 Matt Sinclair	CRAW	12.3
8	255 Luke McNally	LHEA	12.4

100 m Men

Race:5 Wind : -2.6

1	89 John-Paul Okafor	E&H	11.89
2	79 Nelson Bolumbu	E&H	11.96
3	15 Paul Lamont	HERT	12.12
4	300 Iverson Corbett	HHH	12.12
5	69 Thomas Larkin	WGEL	12.13
6	289 Jermaine Ebanks	E&H	12.32
7	16 Daniel Bottesch	LUT	12.37
8	301 Jerrell Green	UNAT	12.38

100 m Men

Race:6 Wind : -3.7

1	50 Ramsey Kechacha	VPTH	11.92
2	18 Jason Vaslakis	E&H	12.09
3	246 Nicholas Stoppard	S&NH	12.35
4	34 Rasheed Akekiusure	VPTH	12.37
5	97 Mark Udeh	E&H	12.47
6	19 Gavin Rees	E&H	12.54
7	254 Salim Amlevor	TVH	12.67
8	81 Ryan Wenzel	E&H	12.70

100 m Men

Race:7 Wind : -4.0

1	33 Jason Bernard	K&P	11.96
2	65 Jack Edgar Hill	HAVM	12.40
3	70 Alastair Duncan	RADL	12.64
4	275 Sam Pollard	S&NH	12.74
5	21 Nathan Rockett	OXFC	12.87
6	216 Kema Egbunike	ES&M	12.91
7	269 Oliver Brooks	WATF	12.91
8	54 Julian Smith	TRPK	12.94

100 m Men

Race:8 Wind : -5.4

1	76 Sam Franklin-Jones	UNAT	12.03
2	257 Jordan Woodhouse	LHEA	12.61
3	59 Daniel Miller	E&H	12.82
4	35 Matthew Downer	UNAT	12.88
5	56 Spencer Cole	E&H	12.91
6	91 Leon Toppin	E&H	12.95
7	85 David Willard	TRPK	14.33
8	305 Paul Williams	KENT	19.14

100 m Men

Race:9 Wind : -3.0

1	98 Quincie Michael	VPTH	12.25
2	17 Jonathan Chin	R&N	12.39

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3	302 Ross McConnachie	PETE	12.45
4	200 Ryan Redman	UNAT	12.88
5	71 Jordan Dorrian	RADL	13.14
6	24 Liam Vooght	S&NH	13.17
7	20 Tom Watts	SEND	13.34
8	93 Jahmal Greene	E&H	15.24

100 m Men

Race:10 Wind : -0.9

1	214 Latif Yusuf	ES&M	12.11
2	23 Jake Berney	PETE	12.76
3	63 Andre Wizard	ES&M	12.77
4	83 Lenox Kambaba	E&H	13.10
5	279 Peter De'ath	S&NH	13.60
6	72 Cyrus Hayday	RADL	13.96
7	28 James Vane	C&C	15.14
8	96 Akinleye Kuteyi	E&H	15.23

100 m Men

Race:11 Wind : -2.7

1	27 Jordan Akisanya	ILF	14.06
2	26 Callum Scutt	HERT	14.60
3	248 Ramone Cupee	VPTH	14.71
4	243 Colin Kpoduno	LHEA	14.76
5	84 Antonio Putrello	E&H	15.13
6	30 Timothy Kerr-Chin	R&N	15.20
7	258 Kyle Marshall	SEND	15.24
8	92 Troy Morgan	E&H	15.52

400 m Women

Race:1

1	1103 Christina Silva	HERT	58.91
2	1102 Michelle McNamara	E&H	59.53
3	1314 Abigail Lambden	SBH	60.50
4	1101 Nikki Silva	HERT	60.62
5	1069 Tracy Cunningham	DART	60.92
6	1260 Melanie Brown	WGEL	61.09

400 m Women

Race:2

1	1235 Dorcas Wright	E&H	62.56
2	1027 Hannah Biddiss	M&M	63.99
3	1106 Katie -Ann Tuttlebury	CHEL	65.50
4	1035 Sally Hoyle	CHEL	66.31

400 m Women

Race:3

1	1311 Nina Edwards	HERT	61.30
2	1107 Nicola Keegan	M&M	63.48
3	1048 Annie Waghorn	M&M	64.08
4	1036 Avagay Smith	VPTH	64.76
5	1201 Tania Cyrena	ESM	66.43
6	1315 Joanna Botwright	WSEH	68.25
7	1037 Nikkita Sartori-Sigrist	ORIO	69.82

400 m Men

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Race:1

1	36 Markus Hunt	CHEL	49.79
2	64 Lawrence Woodridge	KENT	50.54
3	267 Delroy Mitchell	TVH	50.94
4	133 Nicholas Choudhury	LUT	51.25
5	247 Philip Burkart	BEL	53.32
6	78 Alex Veitch	HERT	54.15

400 m Men

Race:2

1	52 Simon Tinsley	TONB	51.22
2	117 Olu Oyewobi	E&H	51.31
3	309 Jordan Warner	SBH	51.58
4	322 Keith Marle	E&H	51.86
5	304 Cameron Webb	S&NH	51.91
6	265 Chris Lloyd	TONB	52.48
7	319 Kurkis Franklin	TVH	54.12
8	290 Michael Peacock	BELG	56.63

400 m Men

Race:3

1	99 Akeen Akintokur	BAS	52.45
2	146 Darren Corbin	E&H	52.95
3	323 Rohan Dyer	E&H	53.52
4	321 Jon Long	WGEL	53.75
5	246 Nicholas Stoppard	S&NH	53.86
6	73 Lee Lovelock-Jemmott	WGEL	56.38

400 m Men

Race:4

1	53 Nathan Greenaway	CHEL	53.39
2	118 Leon Williams	E&H	53.63
3	77 Mathew Marchant	E&H	53.97
4	308 Oliver Keats	HERT	54.64
5	110 Martin Rowe	CROY	55.01
6	324 Tom Bowerman	AF&D	56.12

400 m Men

Race:5

1	74 Eno Ebong	READ	53.74
2	116 Andrew Walshe	HERT	54.05
3	220 Joe Gayner	HERT	54.84
4	327 Aaron Broderick	KENT	55.13
5	292 Jason Sinclair	UNAT	56.20
6	212 Dominic Spike	HERT	56.25
7	152 Eddie Bayne	LHEA	58.58

400 m Men

Race:6

1	8 Jake King	SEND	54.45
2	234 Alexander Jones	E&H	56.80
3	70 Alastair Duncan	RADL	57.91
4	136 Kardan Campell	ETNM	59.65
5	299 Anthony Archdeacon	LHEA	59.90
6	153 Mark Reed	HERT	59.97
7	310 David Crout	TRPK	61.52

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8 305 Paul Williams KENT 1:42.05

110m Hurdles Sen Men

Race:1 Wind : -3.9

1	47 Zak Saucedo	E&H	15.38
2	48 Stephen Barnard	E&H	16.33
3	12 Michael Shortall	THUR	17.27
4	333 Lee Rogers	Unat	20.32
5	332 Paul Rogers	Una	20.47
6	68 Richard Christian	KENT	21.11

100m Hurdles U17 Men

Race:1 Wind : -4.6

1	45 Tom Parry	K&P	14.05
2	331 Jerelle Mensah	Send	14.36
3	59 Daniel Miller	E&H	14.86
4	65 Jack Edgar Hill	HAVM	15.33
5	46 Ross Armorgie	HERT	16.00

100m Hurdles U17 Men

Race:2 Wind : -4.4

1	44 Huy Vu	ORIO	14.99
2	218 Matthew Clampin	ES&M	15.19
3	320 Anthony Ekuundayo	E&H	15.91

100m Hurdles Sen Women

Race:1 Wind : -2.7

1	1052 Nicola Hill	HAVM	16.63
2	1264 Heidi Nicholas	BAS	17.82

80m Hurdles U15 Boys

Race:1 Wind : -5.0

1	326 Craig Marten	TONB	12.38
2	294 Stephen Maitland	VPTH	15.31

80m Hurdles U17 Women

Race:1 Wind : -4.3

1	1007 Kirsty Warland	OXFC	12.16
2	1051 Natalie Beale	READ	12.64
3	1056 Jessica Clark	CAMH	13.01
4	1266 Charlotte Cattermole	IPSW	13.03

75m H U15G & U13B

Race:1 Wind : -3.9

1	1043 Nancy LeBeau	THUR	12.37
2	1048 Annie Waghorn	M&M	12.99
3	1037 Nikkita Sartori-Sigrist	ORIO	13.32
4	1017 Sophie Ayre	M&M	13.35
5	1046 Serlina Swaby-Constantin	VPTH	13.53
6	1045 Natalie Woodgate	SEND	13.75

75m H U15G & U13B

Race:2 Wind : -4.4

1	43 Oliver Garner	CHEL	14.87
2	1244 Joanna Willard	E&H	15.60
3	1065 Megan Glennon	TRPK	20.16

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200 m Women

Race:1 Wind : -3.4

1	1001 Michelle Watson	HHH	26.23
2	1334 Not Known		26.38
3	1003 Kate Laidlow	CAMH	26.73
4	1066 Tara Kafke	RADL	26.91
5	1002 Kirsty Shepherd	BAS	27.64
6	1271 Georgina Maister	IPSW	27.70

200 m Women

Race:2 Wind : -4.4

1	1335 Adaeze Ndakoji	CAMH	27.18
2	1004 Becky Sanders-Clarke	E&H	27.58
3	1107 Nicola Keegan	M&M	27.66
4	1264 Heidi Nicholas	BAS	28.05
5	1278 Aliysa Codrington	UNAT	28.26
6	1031 Nella Katula	VPTH	40.89

200 m Women

Race:3 Wind : -4.4

1	1061 Lola Paul	E&H	26.90
2	1068 Gabrielle Coveney	ES&M	27.31
3	1005 Jayed Mayes	LHEA	27.55
4	1040 Chole Smith	COFN	28.97
5	1009 Katy Barber	WAVV	29.28

200 m Women

Race:4 Wind : -3.8

1	1070 Jayne Rasmussen	LUT	28.16
2	1036 Avagay Smith	VPTH	28.48
3	1104 Angie Alstrachen	GLOU	28.85
4	1259 Niamh McCarthy	LHEA	30.79
5	1011 Abby Adesina	VPTH	33.00

200 m Girls

Race:1 Wind : -4.5

1	1030 Amy Mcdonald	SEND	27.93
2	1256 Katie Swift	CHEL	29.03
3	1282 Ghanelle Edwards	SEND	29.23
4	1071 Sian McCrory	SEND	29.51
5	1017 Sophie Ayre	M&M	29.54
6	1029 Chanel Hemmings	CAMH	30.22
7	1032 Patricia Katula	VPTH	32.04

200 m Girls

Race:2 Wind : -5.0

1	1077 Adebisi Alakan	VPTH	29.94
2	73 Lee Lovelock-Jemmott	WGEL	29.95
3	1037 Nikkita Sartori-Sigrist	ORIO	30.17
4	1063 Reneece Campell	ETNM	31.14
5	1076 Akasha Smith	E&H	31.41
6	1079 Vanessa Owusu	VPTH	32.26
7	1067 Sasha Pay	M&M	32.27

200 m Girls

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Race:3	Wind : -3.0			
	1	1021 Darise Hinds-Green	LHEA	29.19
	2	1039 Sophie Crofts	THUR	31.56
	3	1072 Kelly McCrory	SEND	35.76

200 m Men

Race:1	Wind : -3.3			
	1	307 Andre Williams	TVH	22.76
	2	238 Lawrence Mensah	HHH	22.80
	3	330 Femi Owolade	B&B	22.89
	4	36 Markus Hunt	CHEL	22.89
	5	86 Rhion Samuel	E&H	22.93
	6	241 Eugene Ayanful		23.73

200 m Men

Race:2	Wind : -3.3			
	1	60 Aaron Trim	E&H	23.04
	2	318 James Christie	TVH	23.19
	3	94 Andre Laidley	E&H	23.58
	4	146 Darren Corbin	E&H	23.80
	5	64 Lawrence Woodridge	KENT	23.93
	6	283 Stedson Dockery	HHH	24.07

200 m Men

Race:3	Wind : -3.8			
	1	75 Sam Watts	WGEL	23.18
	2	9 Matthew Harrison	BAS	23.59
	3	337 Nathan Brown	VPTH	23.67
	4	99 Akeen Akintokur	BAS	23.91
	5	329 Michael Lawson	E&H	24.06
	6	286 Alex Babb	TVH	24.29
	7	80 Michael Grant	UEA	24.34

200 m Men

Race:4	Wind : -3.5			
	1	313 Curtis Blake	VPTH	23.55
	2	61 Michael Suee	E&H	23.58
	3	57 Gabriel	HIGH	23.86
	4	90 Leon Narberd	E&H	23.90
	5	312 Jordan Aroma Sodu	VPTH	24.02
	6	66 Jevone Robinson	HILL	24.13

200 m Men

Race:5	Wind : -3.6			
	1	237 Jeffrey Ocrach	HHH	23.46
	2	82 Isaac Rasmussen	LUT	23.63
	3	50 Ramsey Kechacha	VPTH	23.90
	4	7 Sam Lawrence	NENE	23.93
	5	95 Omari Ellington	E&H	24.34
	6	336 Chris Vickers	WGEL	24.40
	7	73 Lee Lovelock-Jemmott	WGEL	24.55
	8	52 Simon Tinsley	TONB	24.90

200 m Men

Race:6	Wind : -3.2			
	1	33 Jason Bernard	K&P	23.73

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2	69 Thomas Larkin	WGEL	24.00
3	300 Iverson Corbett	HHH	24.44
4	281 Clement Boateng	HHH	24.45
5	265 Chris Lloyd	TONB	24.54
6	255 Luke McNally	LHEA	24.91

200 m Men

Race:7 Wind : -2.3

1	325 Nicholas Blanchard	CRAW	23.73
2	14 Philip Whittaker	E&H	24.57
3	18 Jason Vaslakis	E&H	24.63
4	39 Luke Daniel	E&H	25.13
5	19 Gavin Rees	E&H	25.33
6	38 James Cox	CHEL	25.55
7	81 Ryan Wenzel	E&H	26.04
8	88 Jeffrey Asika	E&H	26.95

200 m Men

Race:8 Wind : -2.3

1	79 Nelson Bolumbu	E&H	24.16
2	242 Rone Robinson	HHH	24.20
3	74 Eno Ebong	READ	24.67
4	98 Quincie Michael	VPTH	24.83
5	70 Alastair Duncan	RADL	25.37
6	302 Ross McConnachie	PETE	25.46
7	297 Bill Awere	LHEA	25.49
8	62 Andreas Anasfasi	TRPK	26.34

200 m Men

Race:9 Wind : -3.6

1	218 Matthew Clampin	ES&M	24.83
2	17 Jonathan Chin	R&N	25.57
3	35 Matthew Downer	UNAT	26.23
4	21 Nathan Rockett	OXFC	26.26
5	20 Tom Watts	SEND	26.37
6	54 Julian Smith	TRPK	26.77
7	279 Peter De'ath	S&NH	27.82
8	338 Terry Gibbs	DART	27.94

200 m Men

Race:10 Wind : -3.9

1	257 Jordan Woodhouse	LHEA	25.58
2	24 Liam Vooght	S&NH	26.64
3	71 Jordan Dorrian	RADL	27.58
4	85 David Willard	TRPK	28.83
5	72 Cyrus Hayday	RADL	29.08
6	305 Paul Williams	KENT	41.83

200 m Boys U15 & U13

Race:1 Wind : -2.7

1	23 Jake Berney	PETE	26.67
2	27 Jordan Akisanya	ILF	29.05
3	84 Antonio Putrello	E&H	30.31
4	294 Stephen Maitland	VPTH	30.54
5	30 Timothy Kerr-Chin	R&N	30.90
6	41 Oliver Woodhouse	SEND	32.40

7	92 Troy Morgan	E&H	32.47
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3000m Steeplechase

Race:1

150 Adil Hussein	E&H
122 Chris Hearn	MMK
142 Shaun Collins	E&H

Field

Triple Jump Male

U17	103 Rhys MacDonald	IPSW	13.45
U17	117 Olu Oyewobi	EHAC	13.26
U17	135 Carlton	Eton	11.59
U17	136 Kardan Campell	Eton	11.45
U17	138 Emanuelis stasaitis	LonH	12.83
U17	320 Anthony Ehundayo	EHAC	11.68
U20	11 Luke Allen	W.Suffolk	12.82
U20	101 Sam Richards	C&C	No Jump
U20	10 Paul Qgun	Croydon	13.56
U20	40 Robert Graham	IPSW	12.38
U23	42 Jason Richards-Thompso	VPTH	No Jump
U23	104 David Stephens	HBS	10.33
V49	310 David Crount	TRPK	10.35
U15	303 Daniel Gardner	SV&NH	10.39
U15	277 Robert Hammond	Dartford	11.03
SM	296 David James	N/A	13.29

Shot Putt Male

V55	125 Tony Richards	Croydon	No Throw
U15	63 Andre Wizard	ESMAC	8.81
U17	134 Tom richards	WGEL	10.06
U15	72 Cyrus Hayday	RADL	No Throw
V65	145 Richard Turner	EHAC	9.37
U20	148 Stan Gaskin	EHAC	10.93
V50	276 Robert Hammond	Dartford	9.78
U15	17 Jonathan Chin	Northampt	9.97
U13	30 Timothy Chim	Northampt	5.74
SM	328 Andrae Davis	U/A	12.98

Shot Putt Female

U17	151 Chelsea Coker	CHE	10.67
U15	44 Hayley McLean	THUR	No Throw
U17	116 Samantha Milner	West Suffo	10.24
U15	22 Sophie Mckinna	GTY	7.05
U17	117 Hayler Sayer	C&C	7.71
U17	118 Hannah Bright	Braintee	8.92
U15	119 Erin Baggs	HMB	5.2
U15	16 Tara StLouis	VPTH	6.58
U15	120 Laura Saxon	SNH	7.33
U15	121 Amy Johnson	EHAC	No Throw
U15	239 Zhane Brown	VPTH	6.08

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U17	204 Wunmi Ogbaro	VPTH	6.22
U15	317 maria Okpokiri	NEB	10.49

Triple Jump Female

U17	126 Tessa Martin	E.Grinstea	10.19
U20	123 Katie Doddy	Luton	No Jump
U20	60 Natalie Delahunty	Oxford	10.75
U20	306 Danielle Currie	Herts P	10.92
U20	128 Dee Baker	EHAC	11.31
U23	125 Amanda Ranger	VPTH	11.55
U17	127 Lydia Morley	Liverpool	10
U17	145 Chloe Ann Currie	Herts P	8.27
U17	74 Aislinn Renne	EHAC	9.36
U17	287 Rachel Dean	WGEL	10.12
U17	284 Louise Wood	Chelmsforc	11.4

High Jump Female

U13	18 Ella Houghton	C&C	1.1
U20	131 Sarah Hawkins	Dacrom	1.55
U15	45 Natalie Woodgate	Southend	1.4
U17	40 Chole Smith	Norwich	1.5
U17	142 Lizzy Harrison	W.Suffolk	1.55
U15	63 Reneece Campbell	Eton	1.6

Discus Female

U13	136 Nicola Gregory	Bexley	25.34
U15	120 Laura Saxton	SNH	21.54
U15	137 Renee Hector	SNH	25.32
U15	47 Sophie Baggs	Havering	28.62
U15	119 Erin Baggs	Havering	16.96
U15	121 Amy Johnson	EHAC	25.76
U15	147 Sophie Fuhr	WGEL	15.66
U17	151 Chelsea Coker	Chelmsforc	31.2
U17	134 Kelly Lawrence	Nene	23.64
U17	116 Samantha Milner	W.Suffolk	31.99
U17	117 Hayley Sayer	C&C	20.55
U17	114 Samantha Hill	Havering	24.62
U23	11 Abby Adesina	VPTH	NoThrow
U20	288 Zahra Akinpeju	Highgate	21.54
U17	204 Wunmi Ogbaro	VPTH	15.28

Pole Vault Female

V45	141 Clare St John Colemon	Chelmsforc	1.7
U23	138 Anne Marie Price	Ashford	No Jump
U20	130 Sarah Gibson	EHAC	3.05
U23	129 Louise Shortland	SNH	3.4
U23	202 Kara Gibbs	Ashford	2.5

Hammer Female

SW	133 Lucy Marshall	WGEL	56.48
U17	117 HaylerSayer	C&C	31.9

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U17	134 Kelly Lawrence	Nene	34.3
U15	120 Laura Saxon	SNH	25.81
U15	121 amy Johnson	EHAC	35.41
V50	135 Sigrid Roberts	Camb H	30
U23	140 Emma Beardmore	MK	No Throw
SW	236 Kate Morris	M&M	36.08
U20	288 Zahra Akinpesa	HH	24.57
V35	149 Yvonne Jacobs	EHAC	27.53

Mens High Jump

U20	105 Brad Armorgie	Herts P	1.9
U13	43 Oliver Garner	Chelmsforc	1.35
U17	138 Emanuelis Stasaitis	London H	1.75
U15	98 Quincie Michael	VPTH	1.75
U20	90 Leron Norbert	EHAC	1.8
SM	149 Alwyn Lombard	EHAC	1.75
SM	296 David James	Unattachec	1.85

Pole Valut Mens

U17	262 Mason Caton-Brown	No High	
U15	154 Andrew Kerr	Havering	2.3

Hammer Male

V45	126 Chris Privett	Belgrave	46.06
U17	106 Micheal Wadlow	Dacorum	20.17
U17	127 John Trimble	EHAC	40.12
U20	73 Lee Lovelock-Jemmott	WGEL	41.43
U17	144 Richard Humphries	Herts P	44.96
U15	200 Ryan Redman		44.04
SM	203 Daniel Gamester		41.91

Discus Male

U13	124 William Grimsey	EHAC	15.55
V40	132 David Lipscomb	Serpentine	27.65
U15	24 Liam Vooght	SNH	16.61
U20	34 Rasheed Akekiusare	VPTH	21.71
U17	106 Michael Wadlow	Dacorum	23.53
V50	70 Alastair Duncon	Radley	28.15
V65	145 Richard Turner	EHAC	29.35
U17	134 Tom Richards	WGEL	22.15
SM	328 Andrae Davis	WGEL	39.66
V50	276 Robert Hamond		29.99
U13	243 Colin Kpodnu		14.46

Long Jump Males

U13	41 Oliver Woodgate	Southend	3.95
U13	27 Jordan Akisanya	Ilford	4.49
U13	248 Ramone Cupee	VPTH	3.78
U13	243 Colin Kpodonu	London	3.45
U15	28 James Vane	C&C	3.31
U15	20 Tom Watts	Southend	4.66

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U15	294	Stephen Maitland	VP TH	4.48
U15	303	Daniel Gardner	SNH	4.97
U15	277	Robbie Hammond	Dartford	5.27
U15	279	Peter De'ath	SNH	4.48
U17	242	Rorie Robinson	HHH	5.64
U17	135	Carlton Campbell	Eton	4.9
U17	136	Kardan Campbell	Eton	5.11
U17	14	Philip Whittaher	EHAC	5.86
U17	138	Emanuelis Stasaitis	London H	5.81
U17	103	Rhys Macdonald	Ipwich	No Jump
U17	38	James Cox	Chelmsforc	5.88
U17	246	Nick Stppard	SNH	6.3
U17	269	Oliver Bhrks	Watford	5.23
U20	40	Robert Graham	Ipwich	5.51
U20	101	Sam Richards	C&C	5.93
U20	11	Luke Allen	W.Suffolk	6.02
U20	95	Omari Ellington	EHAC	No Jump
U20	141	Daniel Bramble	ESM	6.44
U20	10	Paul Ogun	Croydon	6.52
U20	253	Sean Wynter	EHAC	6.74
U23	104	David Stephens	Horsham	5.22
U23	100	Steven Harris	Luton	6.13
U23	270	Andy Nicholsom	Horsham	6.23
VET	55	Nick Lauder	Trent	4.2

Long Jump Female

U13	20	Francesca Baldry	Chelmsforc	3.46
U13	64	Kiani Campell	Eton	3.66
U13	19	Kelly McCrory	Southend	3.15
U13	228	Emily Coombs	M&M	3.19
U15	43	Nancy LeBeau	Thurrock	4.77
U15	46	Serlina Swaby-Constantin	VP TH	4.02
U15	17	Sophie Ayre	M&M	4.37
U15	63	Reece Campell	Eton	4.08
U15	22	Sophie McKinna	GT Y	3.37
U15	32	Patricia Katula	VP TH	3.85
U15	79	Vanessa Owusu	VP TH	3.93
U15	239	Zhane Brown	VP TH	4.02
U15	274	Chelsey Walker	WGEL	4.1
U17	145	Lydia morley	Liverpool	4.9
U17	126	Tessa Martin	Grinstead	4.43
U17	74	Aislinn Rennie	EHAC	4.25
U17	6	Jonelle Johnson Turner	Luton	5.06
U17	80	Symone Keisha	VP TH	4.87
U17	240	Shanara Hibbert	No Club	4.27
U20	123	Katie Doody	Luton	4.62
U20	128	Dee Baker	EHAC	5.05
U20	31	Nella Katula	VP TH	3.9
U20	23	Elizabeth Amaechi	VP TH	3.86
U20	232	Jasmine Gonu	VP TH	4.77
U20	11	Abby Adesima	VP TH	4.19
U20	233	Lauren Longhurst	Chelmsforc	4.68
U20	274	Georgina Malster	Ipswich	5.01
U23	125	Amanda Paker	VP TH	5.58
SW	122	Lana Bond	U/A	4.55

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SW	14 Megan Evans	Royal Sutt	4.98
V45	141 Clare StJohn Coleman	Chelmsfor	3.71