

South of England Athletic Association

Track & Field Indoor Championships – 2009

| | | |
|--|---|---|
| Sun 11 th January | 400m (SM/U20M/U17M/U15B/SW/U20W), 300m (U17W/U15G), 800m (All age groups) ENTRIES CLOSE – Tuesday 16th December 2008 - Held at LEE VALLEY ATHLETICS CENTRE | |
| Sat 17 th January | 60m Hurdles, 200m (All age groups) Long Jump (SM/U20M/U17M/U15B) Triple Jump (SW/U20W/U17W) | High Jump (SM/U20M/SW/U20W/U17W/U15G) Pole Vault (SM/U20M/U17M) Shot (U17W/U15G) |
| Sun 18 th January | 60m, 1500m (All age groups) Long Jump (SW/U20W/U17W/U15G) Triple Jump (SM/U20M/U17M) | High Jump (U17M/U15B) Pole Vault (SW/U20W/U17W/U15G/U15B) Shot (SM/SW/U20M/U20W/U17M/U15B) |
| ENTRIES CLOSE – Tuesday 6th January 2009 - Held at LEE VALLEY ATHLETICS CENTRE Entry Fees for all above Championships: Seniors - £8.50 each event, other age groups - £6.50 each event | | |

NO LATE ENTRIES WILL BE ACCEPTED – NOR WILL ENTRIES MADE BY TELEPHONE, FAX or E-MAIL

A fully completed Entry Form, Entry Fee and SAE must be received by the closing date or the entry will not be accepted.

For Office use: Entry fee received £ _____ Envelope _____

| | | | | | |
|---|---|-----|--------------------------------------|-------|--------|
| Event _____ (use a separate form for each event) | | | | | |
| <u>Starting heights will apply in Pole Vault and High Jump events and specified boards for the Triple Jump as shown below.</u> | | | | | |
| Surname _____ | AGE GROUP (please tick) | | | | |
| First Name _____ | | | HJ | PV | TJ |
| Club / School _____ | Senior Man | [] | 1.80m | 3.80m | 13m |
| Address _____ | Senior Woman | [] | 1.55m | 2.70m | 11m |
| _____ | U20 Man | [] | 1.70m | 3.40m | 13/11m |
| _____ | U20 Woman | [] | 1.50m | 2.30m | 11/9m |
| _____ | U17 Man | [] | 1.65m | 2.80m | 13/11m |
| _____ | U17 Woman | [] | 1.45m | 2.20m | 11/9m |
| _____ | U15 Boy | [] | 1.50m | 2.30m | |
| _____ | U15 Girl | [] | 1.40m | 1.90m | |
| _____ | Standard Certificates will be available for all age groups. | | | | |
| Post Code _____ | Date of Birth _____ | | | | |
| Telephone number _____ | Age on 31.08.09 _____ | | | | |
| Mobile number _____ | Age on 31.12.09 _____ (U20 Men & Women only) | | | | |
| PB year 2008 onwards _____ | Date PB achieved _____ | | Venue where PB achieved _____ | | |

POSTAGE: Please ensure that you have the correct postage on the envelope when sending your entry form/cheque to the SEAA Office.
Small envelopes - 1st Class 36p, 2nd Class 27p Max 240mm(L) x 165mm(W) x 5mm(D)
Large envelopes - 1st Class 52p, 2nd Class 42p Max 353mm(L) x 250mm(W) x 25mm(D)

QUALIFICATION: Each person entering the Championships should, on the date of the Championships, qualify by birth or residence.

DECLARATION: I hereby declare that I am an Amateur as defined by UK Athletics Rules.

CHEQUES SHOULD BE MADE PAYABLE TO: SEAA Competition Limited.

ENTRIES TO: SEAA Competition Limited, Crystal Palace National Sports Centre, Ledrington Road, London SE19 2BB.

ATHLETE REGISTRATION NUMBER:

Date _____ Athlete's Signature _____

Athletes under 16 must also have the form signed by a Parent or Guardian

Date _____ Parent or Guardian's Signature _____

"Furnishing false or misleading information may result in disqualification"

A 1st Class stamped and addressed C5 envelope (229 x 162mm) MUST be enclosed to receive confirmation of entry and timetable.
 The use of **RECORDED DELIVERY** is strongly advised as the SEAA will not accept late or lost entries unless proof of posting can be provided.

"The Association reserves the right to refuse entries, vary the programme of events and cancel Championships under extreme circumstances"