

South of England Athletic Association Track & Field Indoor Pentathlon Championships - 2009

Sun 11th January
(60mH,LJ,SP,HJ,800m)

U17M/U15B Pentathlon (60mH,LJ,SP,HJ,1000m)

U17W/U15G Pentathlon

Entry Fees: All age groups **£10.00**

ENTRIES CLOSE – **Tuesday 16th December 2008** - Held at **LEE VALLEY ATHLETICS CENTRE**

Incorporated within the England Athletics Combined Events Championships.

Sat 10th January
Sun 11th January

SM/U20M Heptathlons
SM/U20M Heptathlons

SW Pentathlons
U20W Pentathlons

Entry Fees: All age groups **£15.00**

ENTRIES CLOSE – **22nd December 2008** - Held at **EIS SHEFFIELD**

Entry forms for these Championships are obtainable from England Athletics @ www.englandathletics.org

NO LATE ENTRIES WILL BE ACCEPTED – NOR WILL ENTRIES MADE BY TELEPHONE, FAX or E-MAIL

A fully completed Entry Form, Entry Fee and SAE must be received by the closing date or the entry will not be accepted.

For Office use: Entry fee received £ _____ Envelope _____

Surname _____	AGE GROUP (please tick)
First Name _____	U17 Man []
Club / School _____	U17 Woman []
Address _____	U15 Boy []
_____	U15 Girl []
_____	Standard Certificates will be available for all age groups.
Post Code _____	Date of Birth _____
Telephone number _____	Age on 31.08.09 _____
	Mobile number _____
<u>PB INFORMATION FOR SEEDING PURPOSES</u>	
60 metres Hurdles..... High Jump..... Long Jump..... Shot..... 800 metres/1000 metres.....	

POSTAGE: Please ensure that you have the correct postage on the envelope when sending your entry form/cheque to the SEAA Office.

Small envelopes - 1st Class 36p, 2nd Class 27p Max 240mm(L) x 165mm(W) x 5mm(D)

Large envelopes - 1st Class 52p, 2nd Class 42p Max 353mm(L) x 250mm(W) x 25mm(D)

QUALIFICATION: Each person entering the Championships should, on the date of the Championships, qualify by birth or residence.

DECLARATION: I hereby declare that I am an Amateur as defined by UK Athletics Rules.

CHEQUES SHOULD BE MADE PAYABLE TO: SEAA Competition Limited.

ENTRIES TO: SEAA Competition Limited, Crystal Palace National Sports Centre, Ledrington Road, London SE19 2BB.

ATHLETE REGISTRATION NUMBER:

Date _____

Athlete's Signature _____

Athletes under 16 must also have the form signed by a Parent or Guardian

Date _____ Parent or Guardian's Signature _____

"Furnishing false or misleading information may result in disqualification"

A 1st Class stamped and addressed C5 envelope (229 x 162mm) MUST be enclosed to receive confirmation of entry and timetable.
The use of **RECORDED DELIVERY** is strongly advised as the SEAA will not accept late or lost entries unless proof of posting can be provided.

"The Association reserves the right to refuse entries, vary the programme of events and cancel Championships under extreme circumstances"

Supported by  ENGLAND ATHLETICS **East, London and South East Regions**