

# KENT COUNTY ATHLETIC ASSOCIATION

**TRACK and FIELD Championships 2010      To be held under UKA & KCAA Rules**  
**at Julie Rose Stadium, Kennington Road, Ashford, Kent May 8th & 9th 2010**

## Men's Events

Senior	Sat	100m, 400m, 1500m, 110mH, 400mH, LJ, PV, SP, DT
	Sun	200m, 800m, 5000m, 3000mS/C, 3000mWalk, HJ, TJ, HT, JT
Under 20	Sat	200m, 800m, 110mH, HJ, PV, TJ, SP, JT
	Sun	100m, 400m, 1500m, 400mH, 2000msS/C, 3000mWalk, LJ, HT, DT
Under 17	Sat	100m, 400m, 1500m, 400mH, HJ, TJ, JT
	Sun	200m, 800m, 100mH, 1500msS/C, 3000mWalk, LJ, PV, SP, HT, DT
Under 15	Sat	100m, 400m, 1500m, HJ, LJ, SP, DT
	Sun	200m, 800m, 80mH, 3000mWalk, JT, TJ, PV, HT.
Veteran	Sat	-
	Sun	5000m, 2000msS/C, 3000mWalk

## Women's Events

Senior	Sat	200m, 800m, 400mH, HJ, TJ, HT, JT
	Sun	100m, 400m, 1500m, 5000m, 3kmW, 100mH, 2000mS/C, LJ, PV, SP, DT.
Under 20	Sat	100m, 400m, 1500m, 100mH, HJ, LJ, HT, DT
	Sun	200m, 800m, 400mH, 3000mWalk, TJ, PV, SP, JT
Under 17	Sat	100m, 300m, 1500m, 80mH, HJ, TJ, JT, HT, DT
	Sun	200m, 800m, 300mH, 3000mWalk, LJ, PV, SP
Under 15	Sat	200m, 1500m, 75mH, LJ, HT, DT
	Sun	100m, 800m, 3000mWalk, HJ, PV, SP, JT
Veteran	Sat	-
	Sun	5000m, 3000mWalk

**QUALIFICATION** Entry to KCAA Championships is by birth, continuous association, as per UKA rule 9, or residence. To qualify by residence you must have lived within the Kent County Boundary or relevant London Post Code Area, continuously, for at least nine months prior to the event.

**NOTES** Age groups as at midnight 31/09/10, except Under 20's which is midnight 31/12/10. Veterans age groups as per age on day of competition. Athletes may only compete within their own age group, except U20's who may also compete as seniors. Under 15 and Under 17 athletes will NOT be permitted to compete in more than THREE individual events on either day.

The new UKA **one false start and disqualification rule** will be applied to all Senior race events.

**CLUB COLOURS MUST BE WORN (or clothing acceptable under UKA rule 17).**

**TEE SHIRTS** Championship Tee Shirts will again be available this year. Sizes quoted, S, M, L, XL, XXL are based upon adult sizes. Cost **£8** each.

**ENTRY FEES** Senior and Veteran **£5.00** per event, all other age groups **£4.00** per event. **Please make cheques & Postal Orders payable to "Kent County A.A."**

**Send MALE entries to:- Male Entries Secretary, Jesmond Dene, Seed Road, Newnham, Sittingbourne, Kent ME9 0NA**

**Send FEMALE entries to:- Female Entries Secretary, 1 Kemsley Close, Northfleet, Kent DA11 8PH**

A stamped addressed C5 envelope, (229mm x 162mm), (9in x 6in) must be enclosed with your entry for the return of a timetable and competition number.

**Entries to be received by April 16th 2010.**

**Do not send entries recorded delivery, proof of posting will suffice.**

**LATE ENTRIES WILL NOT BE ACCEPTED**

**Please retain this portion for your own record**

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at Julie Rose Stadium, Kennington Road, Ashford, Kent May 8th & 9th 2010

Please submit a separate application form for each age group entered. A single competition number will be issued.

## Please complete in BLOCK CAPITALS

Surname ..... Forename .....  
Middle Name(s) ..... Age Group ..... Date of Birth .....  
Club ..... Place of Birth .....  
England (Scotland or Wales) Athletics Reg. Number .....  
Address .....  
Town ..... Post Code .....  
Phone No. .... Email .....

If a residential qualification (\*) is claimed, the following MUST be completed:  
I have continuously resided at:-

.....  
..... Post Code ..... Since .....

AGE GROUP ENTERED .....

## EVENTS ENTERED

1. .... P.B. .... 4. .... P.B. ....  
2. .... P.B. .... 5. .... P.B. ....  
3. .... P.B. .... 6. .... P.B. ....

**ENTRY FEES** - Senior and Veteran Events **£5.00** per event. All other age group events **£4.00** per event.

Please reserve a T- Shirt for Me [ ] Size S [ ], M [ ], L [ ], XL [ ], XXL [ ]

I enclose **£8** with my entry fee. I will collect the shirt on the day of competition

## CLUB COLOURS MUST BE WORN (OR CLOTHING ACCEPTABLE UNDER UKA RULE 17)

A stamped addressed envelope, C5, (229mm x 162mm), (9in x 6in) must be enclosed with your entry for the return of a timetable and vest number.

**ENTRIES TO BE RECEIVED BY April 16th 2010.**

**Do not send entries recorded delivery, proof of posting will suffice.**

I hereby declare that I am an Amateur as defined by UKA Rule 1 and eligible to compete in the above named Kent County Athletic Association Championships, and enclose the required entry fee (including cost of T-Shirt, if required) of £ .....

**Please make cheques & Postal Orders payable to "Kent County A.A."**

**Signed** ..... **Date** .....

**LATE ENTRIES WILL NOT BE ACCEPTED**

(\*) (Refer to extract of Rules for competition and County qualification on KCAA website - kcaa.org.uk)

**No photographs may be taken unless approval has been granted in accordance with the requirements of UK: Athletics policy**