

Tri Counties Indoor Championships Lee Valley 14th - 15th March 2020

Saturday Timetable - Track

1000	T1	U15G 60 Metres Hurdles - Herts - Final	5
1003	T2	U15G 60 Metres Hurdles - Middx - Heats (to T14)	11 (2H)
1009	T3	U15G 60 Metres Hurdles - Kent - Heats (to T13)	15 (3H)
1022	T4	U17W 60 Metres Hurdles - Herts/Middx - Final	1/6
1025	T5	U17W 60 Metres Hurdles - Kent - Heats (to T15)	13 (2H)
1036	T6	U15B 60 Metres Hurdles - Herts/Middx - Final	1/1
1039	T7	U15B 60 Metres Hurdles - Kent - Final	6
1050	T8	SM 60 Metres Hurdles - Kent - Final	5
1101	T9	U20M 60 Metres Hurdles - Herts/Kent/Middx - Final	2/1/4
1112	T10	U17M 60 Metres Hurdles - Kent - Heats (to T16)	8 (2H)
1118	T11	U17M 60 Metres Hurdles - Herts/Middx - Final	2/3
1129	T12	U20W 60 Metres Hurdles - Herts/Kent/Middx - Final	1/3/2
	T12	SW 60 Metres Hurdles - Kent - Final	1
1143	T13	U15G 60 Metres Hurdles - Kent - Final (from T3)	
1146	T14	U15G 60 Metres Hurdles - Middx - Final (from T2)	
1157	T15	U17W 60 Metres Hurdles - Kent - Final (from T5)	
1200	T16	U17M 60 Metres Hurdles - Kent - Final (from T10)	
1210	T17	U15G 200 Metres - Herts - Final	6
1213	T18	U15G 200 Metres - Kent - Heats (to T38)	17 (3H)
1222	T19	U15G 200 Metres - Middx - Heats (to T39)	23 (4H)
1234	T20	U17W 200 Metres - Herts - Heats (to T43)	8 (2H)
1240	T21	U17W 200 Metres - Kent - Heats (to T44)	15 (3H)
1249	T22	U17W 200 Metres - Middx - Heats (to T45)	10 (2H)
1255	T23	U20W 200 Metres - Middx - Final	3
1258	T24	U20W 200 Metres - Kent - Heats (to T46)	7 (2H)
1304	T25	SW 200 Metres - Kent - Final	6
1307	T26	SW 200 Metres - Herts/Middx - Final	1/3
1310	T27	U15B 200 Metres - Herts - Heats (to T40)	9 (2H)
1316	T28	U15B 200 Metres - Kent - Heats (to T41)	14 (3H)
1325	T29	U15B 200 Metres - Middx - Heats (to T42)	18 (3H)
1334	T30	U17M 200 Metres - Herts - Final	5
1337	T31	U17M 200 Metres - Kent - Heats (to T58)	16 (3H)
1343	T32	U17M 200 Metres - Middx - Heats (to T59)	14 (3H)
1352	T33	SM/U20M 200 Metres - Herts- Final	1/2
1355	T34	U20M 200 Metres - Kent - Heats (to T60)	10 (2H)
1401	T35	U20M 200 Metres - Middx - Heats (to T61)	10 (2H)
1407	T36	SM 200 Metres - Kent - Heats (to T62)	7 (2H)
1413	T37	SM 200 Metres - Middx - Heats (to T63)	11 (2H)
1419	T38	U15G 200 Metres - Kent - Final (from T18)	
1422	T39	U15G 200 Metres - Middx - Semi-Final (from T19 - to T64)	2sf
1428	T40	U15B 200 Metres - Herts - Final (from T27)	
1431	T41	U15B 200 Metres - Kent - Final (from T28)	
1434	T42	U15B 200 Metres - Middx - Final (from T29)	
1437	T43	U17W 200 Metres - Herts - Final (from T20)	
1440	T44	U17W 200 Metres - Kent - Final (from T21)	
1443	T45	U17W 200 Metres - Middx - Final (from T22)	
1446	T46	U20W 200 Metres - Kent - Final (from T24)	
1449	T47	U15G 800 Metres - Herts - Final	6

1453	T48	U15G 800 Metres - Kent - Heats (to T72)	8 (2H)
1501	T49	U15G 800 Metres - Middx - Heats (to T73)	7 (2H)
1509	T50	U17W 800 Metres - Kent - Heats (to T65)	10 (2H)
1517	T51	U15B/U17M 800 Metres - Herts - Final	3/2
1521	T52	U17M 800 Metres - Kent - Heats (to T75)	7 (2H)
1529	T53	U17M 800 Metres - Middx - Heats (to T76)	12 (2H)
1537	T54	U20M 800 Metres - Herts/Middx - Final	3/3
1540	T55	U20M 800 Metres - Kent - Final	4
1544	T56	SM 800 Metres - Herts/Kent - Final	3/3
1548	T57	SM 800 Metres - Middx - Final	4
1552	T58	U17M 200 Metres - Kent - Final (from T31)	
1555	T59	U17M 200 Metres - Middx - Final (from T32)	
1558	T60	U20M 200 Metres - Kent - Final (from T34)	
1601	T61	U20M 200 Metres - Middx - Final (from T35)	
1604	T62	SM 200 Metres - Kent - Final (from T36)	
1607	T63	SM 200 Metres - Middx- Final (from T37)	
1610	T64	U15G 200 Metres - Middx - Final (from T39)	
1613	T65	U17W 800 Metres - Kent - Final (from T50)	
1617	T66	U17W 800 Metres - Herts - Final	3
1621	T67	U17W 800 Metres - Middx - Final	5
1625	T68	SW/U20W 800 Metres - Herts/Middx - Final	1/2:2/1
1629	T69	SW 800 Metres - Kent - Final	5
1633	T70	U15B 800 Metres - Kent - Final	5
1637	T71	U15B 800 Metres - Middx - Final	5
1641	T72	U15G 800 Metres - Kent - Final (from T48)	
1645	T73	U15G 800 Metres - Middx - Final (from T49)	
1649	T74	All 1000m Walk - Kent - Final	7
1730	T75	U17M 800 Metres - Kent - Final (from T52)	
1734	T76	U17M 800 Metres - Middx - Final (from T53)	

Saturday Timetable - Field

1000	F1	U20M/SM Shot - All	5/9
1015	F2	U17W/U15G Pole Vault - All	6/4
1100	F3	U17M Long Jump - All - North pit	10
1130	F4	U15B Shot - All	12
1240	F5	SM/U20M High Jump - All - Arena Bed 1	1/2
1240	F6	U15B Long Jump - All - South pit	19
1250	F7	U17W/U15G Triple Jump - All - North pit	6/3
1330	F8	SW Pole Vault - All	12
1400	F9	U17M Shot - All	8
1440	F10	U20M Long Jump - All - South pit	8
1500	F11	SW/U20W High Jump - Arena Bed 1	4/3
1600	F12	U20W Pole Vault	5
1600	F13	SM Long Jump - All - South pit	10
1630	F14	U17W High Jump - Arena Bed 1	8
1700	F15	U20W Triple Jump - All - North pit	5

Sunday Timetable - Track

1000	T77	U15G 60 Metres - Herts - Heats (to T106)	10 (2H)
1006	T78	U15G 60 Metres - Kent - Heats (to T99)	26 (4H)
1018	T79	U15G 60 Metres - Middx - Heats (to T107)	19 (3H)
1027	T80	U17W 60 Metres - Herts - Final	6
1030	T81	U17W 60 Metres - Kent - Heats (to T108)	13 (2H)
1036	T82	U17W 60 Metres - Middx - Heats (to T100)	22 (4H)
1048	T83	SW/U20W 60 Metres - Herts - Final	1/2
1051	T84	U20W 60 Metres - Kent - Final	6
1054	T85	U20W 60 Metres - Middx - Heats (to T109)	10 (2H)
1100	T86	SW 60 Metres - Kent - Heats (to T119)	9 (2H)
1106	T87	SW 60 Metres - Middx - Final	6
1109	T88	U15B 60 Metres - Herts - Final	7
1112	T89	U15B 60 Metres - Kent - Heats (to T110)	19 (3H)
1121	T90	U15B 60 Metres - Middx - Heats (to T111)	20 (3H)
1130	T91	U17M 60 Metres - Herts - Final	6
1133	T92	U17M 60 Metres - Kent - Heats (to T101)	25 (4H)
1145	T93	U17M 60 Metres - Middx - Heats (to T113)	21 (3H)
1154	T94	U20M 60 Metres - Herts- Final	4
1157	T95	U20M 60 Metres - Kent - Heats (to T114)	15 (3H)
1206	T96	U20M 60 Metres - Middx - Heats (to T115)	17 (3H)
1215	T97	SM 60 Metres - Kent - Heats (to T116)	16 (3H)
1224	T98	SM 60 Metres - Middx - Heats (to T117)	17 (3H)
1233	T99	U15G 60 Metres - Kent - Semi-finals (from T78 - to T120)	2sf
1239	T100	U17W 60 Metres - Middx - Semi-finals (from T82 - to T118)	2sf
1245	T101	U17M 60 Metres - Kent - Semi Finals (From T92 - to T112)	2sf
1311	T102	U15G 1500 Metres - Herts - Final	9
1316	T103	U15G 1500 Metres - Kent/Middx - Final	3/3
1321	T104	SW/U20W 1500 Metres - Herts/Kent/Middx - Final	7/2
1326	T105	U17W 1500 Metres - Herts/Kent/Middx - Final	7
1350	T106	U15G 60 Metres - Herts - Final (from T77)	
1353	T107	U15G 60 Metres - Middx - Final (from T79)	
1356	T108	U17W 60 Metres - Kent - Final (from T81)	
1359	T109	U20W 60 Metres - Middx - Final (from T85)	
1402	T110	U15B 60 Metres - Kent - Finals (from T89)	
1405	T111	U15B 60 Metres - Middx - Final (from T90)	
1408	T112	U17M 60 Metres - Kent - Final (from T101)	
1411	T113	U17M 60 Metres - Middx - Final (from T93)	
1414	T114	U20M 60 Metres - Kent - Final (from T95)	
1417	T115	U20M 60 Metres - Middx - Final (from T96)	
1420	T116	SM 60 Metres - Kent - Final (from T97)	
1423	T117	SM 60 Metres - Middx - Final (from T98)	
1426	T118	U17W 60 Metres - Middx - Final (from T100)	
1429	T119	SW 60 Metres - Kent - Final (from 86)	
1432	T120	U15G 60 Metres - Kent - Final (from T99)	
1502	T121	U15G 300 Metres - Middx - Heats (to T147)	12 (2H)
1508	T122	U15G 300 Metres - Kent - Heats (to148)	11 (2H)
1514	T123	U15G 300 Metres - Herts - Final	6
1517	T124	U15B 300 Metres - Kent - Heats (toT149)	10 (2H)
1523	T125	U15B 300 Metres - Herts/Middx - Final	2/4
1526	T126	U17W 300 Metres - Kent - Final	6
1529	T127	U17W 300 Metres - Middx - Heats (to T150)	7 (2H)

1545	T128	U17W 400 Metres - Herts - Heats (to T141)	7 (2H)
1551	T129	U17M 400 Metres - Herts - Final	5
1554	T130	U17M 400 Metres - Kent - Heats (to T 152)	11 (2H)
1600	T131	U17M 400 Metres - Middx - Final	5
1603	T132	SM 400 Metres - Kent - Heats (to T153)	8 (2H)
1609	T133	SM 400 Metres - Middx - Final	6
1612	T134	SM/U20M 400 Metres - Herts - Final	1/2
1615	T135	SW 400 Metres - Herts/Middx - Final	1/3
1618	T136	SW 400 Metres - Kent - Final	4
1621	T137	U20W 400 Metres - Herts/Middx - Final	1/3
1624	T138	U20W 400 Metres - Kent - Final	4
1627	T139	U20M 400 Metres - Kent- Final	6
1630	T140	U20M 400 Metres - Middx - Final	2
1633	T141	U17W 400 Metres - Herts - Final (from 128)	
1645	T142	U15B 1500 Metres - Herts/Middx - Final	3/4
1650	T143	SM 1500 Metres - Herts/Kent/Middx - Final	2/1/3
1655	T144	U20M 1500 Metres - Kent/Middx - Final	3/2
1700	T145	U17M 1500 Metres - Herts/Kent - Final	2/4
1705	T146	U17M 1500 Metres - Middx - Final	7
1710	T147	U15G 300 Metres - Middx - Final (from T121)	
1713	T148	U15G 300 Metres - Kent - Final (from T122)	
1716	T149	U15B 300 Metres - Kent - Final (from T124)	
1719	T150	U17W 300 Metres - Middx - Final (from T127)	
1733	T152	U17M 400 Metres - Kent - Final (from T130)	
1736	T153	SM 400 Metres - Kent - Final (from T132)	

Sunday Timetable - Field

1000	F16	SW/U20W Long Jump - All - North pit	7/9
1000	F17	U17M/U15B Pole Vault - All	6/7
1030	F18	U15G Shot - All	8
1120	F19	U15G Long Jump - Herts/Middx - North pit	14
1140	F20	SW/U20W Shot - All	6/3
1230	F21	U20M Pole Vault - All	9
1300	F22	U15G Long Jump - Kent - North pit	14
1300	F23	U17W Shot - All	9
1415	F24	U17W Long Jump - Kent - South pit	12
1500	F25	U17M/U15B Triple Jump - All - North pit	11/5
1500	F26	U15B High Jump - All - Arena Bed 2	4
1500	F27	U17M High Jump - All - Arena Bed 1	13
1540	F28	SM Pole Vault - All	9
1540	F29	U15G High Jump - Herts/Middx - Arena Bed 2	3/6
1640	F30	SM/U20M Triple Jump - All - South pit	7/2
1650	F31	U17W Long Jump - Herts/Middx - North pit	2/4
1700	F32	U15G High Jump - Kent - Arena Bed 1	10

v2a 03/03/2020